CALEDON SENIORS CENTRE – WINTER PROGRAM SCHEDULE 2026

Effective Nov 1st – All E-Transfer Must Go To: Accounting@caledonseniors.ca

ACTIVITY	DAY	ROOM	TIME	START DATE
EXERCISES with CLARE	MONDAY	NURDEN/ZOOM	9:30 AM	ON GOING
CARPET BOWLING	MONDAY	PATTERSON	10:00 AM	ON GOING
CANASTA	MONDAY	BOB SMITH	10:30 AM	ON GOING
CHAIR YOGA WITH CLARE	MONDAY	NURDEN	10:45 AM	ONGOING
LUNCH (Sit in or take out)	MONDAY	EGAN	12:00 PM	ON GOING
WOOD CARVING	MONDAY	BOB SMITH	1:00 PM	ON GOING 14
INDOOR SHUFFLEBOARD	MONDAY	PATTERSON	1:00 PM	ON GOING
THE SINGERS	MONDAY	NURDEN	1:00 PM	ON GOING
DRUMMING TO THE BEAT *NEW!*	MONDAY	PATTERSON	2:30 PM	STARTS NOV 2
BID EUCHRE	MONDAY	PATTERSON	6:30 PM	ON GOING
TABLE TENNIS	TUESDAY	PATTERSON	8:30 AM	ON GOING
BEGINNER TAI CHI }	TUESDAY }	NURDEN }	9:00 AM	ON GOING
TAI CHI }	TUESDAY }	NURDEN }	9:55 AM	ON GOING
TRICKSTER EUCHRE	TUESDAY	VIRTUAL	10:30 AM	ON GOING
LINE DANCING	TUESDAY	NURDEN	11:05 AM	ON GOING
TUESDAY LUNCH – Registration Required	TUESDAY	EGAN	12:00 PM	ON GOING
BRIDGE	TUESDAY	PATTERSON	12:30 PM	ON GOING
OH HELL	TUESDAY	BOB SMITH	1:00 PM	ON GOING
EXERCISES WITH CHERYL	WEDNESDAY	NURDEN/ZOOM	9:00 AM	ON GOING
KNITTING GROUP	WEDNESDAY	EGAN	9:30 AM	ON GOING
BID EUCHRE, WII GAMES	WEDNESDAY	PATTERSON	9:15 AM	ON GOING
DARTS & POOL	WEDNESDAY	BOB SMITH	10:00 AM	NOT NOV 25
MOVING WITH MUSIC	WEDNESDAY	NURDEN	10:30 AM	ON GOING
TRICKSTER OH HELL	WED. & FRI.	VIRTUAL	10:30 AM	ON GOING
SOCIAL SHUFFLE - *NEW!*	WEDNESDAY	BOB SMITH	10:30 AM	ON GOING
BOOK CLUB	WEDNESDAY	BOB SMITH	11:00 AM	NOV 25, DEC 23
LUNCH (Sit in or take out)	WEDNESDAY	EGAN	12 NOON	ON GOING
ZUMBA GOLD WITH SORAYA	WEDNESDAY	NURDEN	12:30 PM	ONGOING
BINGO	WEDNESDAY	BOB SMITH	1:00 PM	ON GOING
BEGINNER CONVERSATIONAL SPANISH	WEDNESDAY	NURDEN	1:45 PM	ON GOING
HOMEMADE JAM & SONG	WEDNESDAY	PATTERSON	1:30 PM	ON GOING
NORDIC POLE WALKING	THURSDAY	LOBBY	9:00 AM	ON GOING
MEDITATION WITH ISIS	THURSDAY	BOB SMITH	9:30 AM	ON GOING
CHAIR YOGA WITH CLARE	THURSDAY	NURDEN/ZOOM	10:45 AM	ON GOING
SENIORS HELPING SENIORS (ST. MIKES) – *NEW!*	THURSDAY	PATTERSON/EGAN	11:00 AM	ON GOING
LUNCH (Sit-in Only)	THURSDAY	EGAN	12:00 PM	ON GOING
EUCHRE	THURSDAY	PATTERSON	1:00 PM	ON GOING
BEGINNER PICKLEBALL	THURSDAY	NURDEN	1:00 PM	ON GOING
PAINTING CLASSES	THURSDAY	BOB SMITH	1:30 PM	ON GOING
EXERCISES WITH SORAYA	FRIDAY	NURDEN/ZOOM	9:30 AM	ON GOING
TECH 1:1 – SESSION #1	FRIDAY	EGAN	10:00 AM	NOV 13 TO DEC 11
TECH 1:1 SESSION #2	FRIDAY	EGAN	11:15 AM	NOV 13 TO DEC 11
BEGINNER PICKLEBALL	FRIDAY	NURDEN	1:00 PM	ON GOING
DARTS & POOL	FRIDAY	BOB SMITH	1:00 PM	ON GOING
EUCHRE	FRIDAY	PATTERSON	7:00 PM	ON GOING
SATURDAY NIGHT SOCIAL	SATURDAY	EGAN	6:00 PM	STARTS NOV 7