CENTRE NEWS

C.S.C. WEBSITE: www.caledonseniors.ca
Office & Main Centre:
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MESSAGE FROM THE PRESIDENT

As we come into November and December, I find myself reflecting on how fortunate I am to be part of such a wonderful community at the Caledon Seniors Centre. For me, the Centre is much more than a place where we gather for activities and events. It is a place where friendships grow, stories are shared, laughter fills the room, and we look out for one another. Every time I see our members enjoying themselves, welcoming new faces, or simply sitting together and having a conversation, I am reminded of what makes our Centre so special. I also want to take a moment to personally thank all of our volunteers, Board members, and everyone who gives their time and energy to make our Centre such a welcoming place. So much happens behind the scenes, and I truly appreciate everything you do. As the holiday season approaches, I wish each of you and your families good health, happiness, and many moments of joy. May the coming weeks give us all an opportunity to slow down, appreciate the people around us, and be grateful for the friendships we share.

It is a privilege to serve as your President, and I look forward to spending another wonderful season together.

Nora Martin, President

MESSAGE FROM THE CHAIR:

As we head into the final months of the year, I want to thank all our Members, volunteers, and staff for the continued energy and goodwill you bring to the Caledon Seniors Centre. Your participation keeps our programs vibrant and our community strong.

Our **Annual General Meeting** was a great success, with excellent member engagement and a positive review of our activities over the past year. I'm pleased to report that the Centre remains in **solid financial shape**, allowing us to maintain and grow the programs and services that matter most to you.

We also welcomed **three new directors** to our Board – Helen Wicki-Nadler, John Hawton and Denise Duncan - each bringing valuable experience and a commitment to strengthening the Centre's future. Their leadership will support our ongoing work across programs, operations, and community outreach.

As the holiday season approaches, I encourage you to join us for the many activities planned throughout November and December — from festive gatherings to our regular fitness, social, and learning programs. It's a wonderful time to connect, participate, and enjoy the companionship that defines our Centre.

Warm regards, **Joe McReynolds, Chair**

MESSAGE FROM THE FUNDRAISING COMMITTEE:

See separate Fundraising Newsletter for upcoming events

PROGRAMS

DAILY PROGRAMS: SCHEDULE ATTACHED

SPECIAL EVENTS AT ROTARY PLACE

Nov. 5: Lunch & Learn Edward Jones 'Longevity and the New Journey of Retirement – Cost $7
Nov. 7: Craft and Bake Sale
Nov. 11: Special Lunch – Harvest Vegetable Pot Pie – Cost $11
Nov. 13: Entertainer Terry Chisholm – Strolling Down Memory Lane – Cost $15
Nov. 21: Euchre Tournament – Chili Lunch – Cost $20
Dec. 1: Giving Tuesday
Dec. 4: Christmas Dinner Dance – Turkey Dinner & Entertainment – Cost $40
Dec. 17: Christmas Roast Beef Lunch & Entertainment – Cost $40
Dec. 24 – Jan. 3: **Centre Closed for Christmas Holidays**

NOTE: Future Men's Lunches have been cancelled due to lack of interest

MESSAGE FROM THE ENGAGEMENT COORDINATOR:

New Program: Drumming to the Beat
Date: Monday – Starting November 2nd
Time: 2:30pm to 3:30pm
Location: Patterson Room
Cost; $4.00 with coffee/Tea and snacks

New Program: Social Shuffle
Date: Wednesdays
Time: 10:30am to 11:30am
Location: Bob Smith Room
Cost: free for 2 weeks October 7th & October 14th, onwards $4.00 with coffee/tea + snacks

Program: Sound Bath Immersion
Date: Friday November 20th
Time: 7:00pm to 8:30pm
Location: Nurden Room
Cost: $25.00 members/$28.50 non members – incl. coffee/Tea and Snacks

A SIMPLE CONVERSATION CAN…
Brighten your day
Help you feel connected
Lift your spirits
Remind you that you're not alone
LET'S STAY CONNECTED — ONE CONVERSATION AT A TIME.
Sandra Ettore - Engagement Coordinator

Important: Effective November 1, 2026, the e-mail for e-transfers has changed to accounting@caledonseniors.ca