

CALEDON SENIORS CENTRE – FALL/EARLY WINTER PROGRAM SCHEDULE 2025

ACTIVITY	DAY	ROOM	TIME	START DATE
EXERCISES with CLARE	MONDAY	NURDEN/ZOOM	9:30 AM	ON GOING
CARPET BOWLING	MONDAY	PATTERSON	10:00 AM	ON GOING
CANASTA	MONDAY	BOB SMITH	10:30 AM	START NOV 3
CHAIR YOGA WITH CLARE	MONDAY	NURDEN	10:45 AM	ON GOING
LUNCH (Sit in or take out)	MONDAY	EGAN	12:00 PM	ON GOING
INDOOR SHUFFLEBOARD	MONDAY	PATTERSON	1:00 PM	ON GOING
THE SINGERS	MONDAY	NURDEN	1:00 PM	ON GOING
WOOD CARVING	MONDAY	BOB SMITH	1:00 PM	ON GOING
INK DRAWING WITH OIL ROUGHING	MONDAY	EGAN	1:00 PM	OCT 6,20,27 NOV 3,10
BID EUCHRE	MONDAY	PATTERSON	6:30 PM	ON GOING
TABLE TENNIS	TUESDAY	PATTERSON	8:30 AM	ON GOING
BEGINNER TAI CHI }	TUESDAY }	NURDEN }	9:00 AM	ON GOING
TAI CHI }	TUESDAY }	NURDEN }	9:55 AM	ON GOING
CARDIO STRENGTH CLASS	TUESDAY	BOB SMITH	9:30 AM	ON GOING
LINE DANCING	TUESDAY	NURDEN	11:05 AM	SUSPENDED
PANINI LUNCH – Registration Required	TUESDAY	EGAN	12:00 PM	ON GOING
BRIDGE	TUESDAY	PATTERSON	12:30 PM	ON GOING
OH HELL	TUESDAY	BOB SMITH	1:00 PM	ON GOING
TRICKSTER EUCHRE	TUESDAY	VIRTUAL	1:00 PM	ON GOING
EXERCISES WITH CHERYL	WEDNESDAY	NURDEN/ZOOM	9:00 AM	ON GOING
KNITTING, BID EUCHRE, WII GAMES	WEDNESDAY	EGAN	9:30 AM	ON GOING
DARTS & POOL	WEDNESDAY	BOB SMITH	10:00 AM	NOT NOV 26
MOVING WITH MUSIC	WEDNESDAY	NURDEN	10:30 AM	ON GOING
TRICKSTER OH HELL	WED. & FRI.	VIRTUAL	10:30 AM	ON GOING
BOOK CLUB	WEDNESDAY	BOB SMITH	11:00 AM	NOV 26 (no Book Club Dec.)
LUNCH (Sit in or take out)	WEDNESDAY	EGAN	12 NOON	ON GOING
ZUMBA GOLD WITH SORAYA	WEDNESDAY	NURDEN	12:30 PM	ON GOING
BINGO	WEDNESDAY	BOB SMITH	1:00 PM	ON GOING
BEGINNER CONVERSATIONAL SPANISH	WEDNESDAY	NURDEN	1:45 PM	ON GOING
HOMEMADE JAM & SONG	WEDNESDAY	PATTERSON	1:30 PM	ON GOING
NORDIC POLE WALKING	THURSDAY	LOBBY	9:00 AM	ON GOING
MEDITATION WITH ISIS	THURSDAY	BOB SMITH	9:30 AM	ON GOING
TRICKSTER BID EUCHRE	THURSDAY	VIRTUAL	10:30 AM	ON GOING
CHAIR YOGA WITH CLARE	THURSDAY	NURDEN	10:45 AM	ON GOING
LUNCH (Sit-in Only)	THURSDAY	EGAN	12:00 PM	ON GOING
EUCHRE	THURSDAY	PATTERSON	1:00 PM	ON GOING
BEGINNER PICKLEBALL	THURSDAY	MPR 2/NURDEN	1:00 PM	ON GOING
PAINTING CLASSES	THURSDAY	BOB SMITH	1:30 PM	ON GOING
EXERCISES WITH SORAYA	FRIDAY	NURDEN/ZOOM	9:30 AM	ON GOING
TECH 1:1 – SESSION #1	FRIDAY	EGAN	10:00 AM	NOV 14 TO DEC 5
LINE DANCING	FRIDAY	NURDEN	11:00 AM	OCT 17 TO DEC 19
TECH 1:1 SESSION #2	FRIDAY	EGAN	11:15	NOV 14 TO DEC 5
BEGINNER PICKLEBALL	FRIDAY	MPR 2/NURDEN	1:00 PM	ON GOING
DARTS & POOL	FRIDAY	BOB SMITH	1:00 PM	ON GOING
EUCHRE	FRIDAY	PATTERSON	7:00 PM	ON GOING
SATURDAY NIGHT SOCIAL	SATURDAY	EGAN	6:00 PM	ON GOING