



CALEDON SENIORS' CENTRE "DAYCATIONS"

AND SATELLITE LOCATIONS

UPCOMING TRIPS

DATE	DESTINATION	COST
May 21	FAMOUS PEOPLE PLAYERS – FAMOUS PEOPLE PLAYERS THEATRE, EVANS AVENUE, TORONTO – TRIP INCLUDES LUXURY COACH, SHOPPING STOP AT THE CHEESE BOUTIQUE, LUNCH, SHOW ADMISSION. COACH LEAVES CV 8:45 AM, CE 9:00 AM, CSC 9:15 AM. APPROX. RETURN 4:30 PM.	\$138 SOLD OUT WAIT LIST
June 17	THE FULL MONTY – KINGS WHARF THEATRE, PENETAGUISHENE – TRIP INCLUDES LUXURY COACH, BUFFET LUNCH AT RESTAURANT SAINTE-MARIE, SHOW ADMISSION. COACH LEAVES CV 9:30 AM, CE 9:45 AM, CSC 10:00 AM. APPROX. RETURN 5:15 PM	\$163
July 10	FALLSVIEW CASINO & BETTY'S RESTAURANT – TRIP INCLUDES LUXURY COACH, LUNCH AT BETTY'S RESTAURANT, FALLSVIEW CASINO WITH \$35 SLOT PLAY BONUS. COACH LEAVES CSC 9:00 AM, CE 9:15 AM, CV 9:30. APPROX. RETURN 7:15 PM	\$108
July 28	MUSKOKA STEAMSHIPS & WINDERMERE HOUSE – TRIP INCLUDES LUXURY COACH, VISIT TO WINDERMERE HOUSE, BUFFET LUNCH, LAKE CRUISE ABOARD THE WENONAH II, TOUR OF MILLIONAIRES ROW. COACH LEAVES CV 8:30 AM, CE 8:45 AM, CSC 9:00 AM. APPROX. RETURN 7:30 PM	\$193

SATELLITE ACTIVITIES	DAY	PLACE	TIME	START DATE
EXERCISES/GAMES/LUNCH *NEW* Meditation Mat & Chair Stretch & Strengthen Class – Noon with Sandy	MONDAY	C/E COMMUNITY COMPLEX Hall A&B	9:00 – 2:00	ON GOING
SOCIALIZING/GAMES/LUNCH	TUESDAY	CALEDON VILLAGE LIBRARY Lower Level	9:30 – 2:00	ON GOING
EXERCISES/REFRESHMENTS	WEDNESDAY	C/E COMMUNITY COMPLEX Hall A&B	9:30 – 11:00	ON GOING
SOUTH ASIAN SOCIAL	WEDNESDAY	SOUTHFIELDS REC. CENTRE	11:00 – 2:00	ON GOING
SOUTH ASIAN SOCIAL	THURSDAY	C/E COMMUNITY COMPLEX Hall A&B	10:00 – 2:00	ON GOING
EXERCISES/REFRESHMENTS	THURSDAY	MARGARET DUNN LIBRARY VALLEYWOOD	11:00 – 1:00	ON GOING
ZUMBA DANCE CLASS WITH SORAYA	FRIDAY	C/E COMMUNITY COMPLEX	11:15 – 12:15	ON GOING
EXERCISES/REFRESHMENTS	FRIDAY	INGLEWOOD COMMUNITY CENTRE	11:00 – 1:00	ON GOING

CLASSIC CAFÉ

- Inglewood:** Thurs, May 1/25: David Nairn, Theatre Orangeville Artistic Director (Retiring)
Thurs, June 5/25: Brett Lagerquist, Caledon Mountain Wildlife Owner (and Bird Lover)
- Alton:** Wed, May 7/25: David Nairn, Theatre Orangeville Artistic Director (Retiring)
Wed, June 11/25: Brett Lagerquist, Caledon Mountain Wildlife Owner (and Bird Lover)



WE HAVE RECEIVED FUNDING FROM THE GOVERNMENT OF ONTARIO TO INCREASE EXERCISE CLASSES AT OUR SATELLITE LOCATIONS. IF YOU HAVE IDEAS OR SUGGESTIONS FOR EXPANSION OF OUR FITNESS PROGRAMS, PLEASE LET US KNOW!

Thank You for Supporting Our Transportation Program for Exercise Classes

We are deeply grateful to have been able to offer free transportation to exercise classes through Caledon Community Services' bus service. This initiative, funded by a special grant, helped seniors across Caledon access vital fitness opportunities by covering the cost of \$8 round-trip rides.

The program's success reflects our commitment to making programs more accessible and encouraging healthy lifestyles. Unfortunately, the funding for this particular transportation initiative has come to an end.

However, we're excited to share that we now have new funding **specifically for volunteer-related transportation**. If you're interested in volunteering at one of our programs and need a ride, transportation support is available for a limited time.

Thank you for your ongoing participation and support. Please contact us if you have any questions or would like to learn more about our volunteer opportunities!