

CALEDON SENIORS CENTRE – WINTER/SPRING PROGRAM SCHEDULE 2026

| ACTIVITY | DAY | ROOM | TIME | START DATE |
|--------------------------------------|-------------|--------------|----------|----------------------|
| EXERCISES with CLARE | MONDAY | NURDEN/ZOOM | 9:30 AM | ON GOING |
| CARPET BOWLING | MONDAY | PATTERSON | 10:00 AM | ON GOING |
| CANASTA | MONDAY | BOB SMITH | 10:30 AM | ON GOING |
| CHAIR YOGA WITH CLARE | MONDAY | NURDEN | 10:45 AM | ON GOING |
| LUNCH (Sit in or take out) | MONDAY | EGAN | 12:00 PM | ON GOING |
| INDOOR SHUFFLEBOARD | MONDAY | PATTERSON | 1:00 PM | ON GOING |
| THE SINGERS | MONDAY | NURDEN | 1:00 PM | ON GOING |
| WOOD CARVING | MONDAY | BOB SMITH | 1:00 PM | ON GOING |
| BID EUCHRE | MONDAY | PATTERSON | 6:30 PM | ON GOING |
| TABLE TENNIS | TUESDAY | PATTERSON | 8:30 AM | ON GOING |
| BEGINNER TAI CHI } | TUESDAY } | NURDEN } | 9:00 AM | ON GOING |
| TAI CHI } | TUESDAY } | NURDEN } | 9:55 AM | ON GOING |
| LINE DANCING | TUESDAY | NURDEN | 11:05 AM | ONGOING |
| PANINI LUNCH – Registration Required | TUESDAY | EGAN | 12:00 PM | ON GOING |
| BRIDGE | TUESDAY | PATTERSON | 12:30 PM | ON GOING |
| OH HELL | TUESDAY | BOB SMITH | 1:00 PM | ON GOING |
| TRICKSTER EUCHRE | TUESDAY | VIRTUAL | 1:00 PM | ON GOING |
| EXERCISES WITH CHERYL | WEDNESDAY | NURDEN/ZOOM | 9:00 AM | ON GOING |
| KNITTING, BID EUCHRE, WII GAMES | WEDNESDAY | EGAN | 9:30 AM | ON GOING |
| DARTS & POOL | WEDNESDAY | BOB SMITH | 10:00 AM | NOT MAR 25, APRIL 29 |
| MOVING WITH MUSIC | WEDNESDAY | NURDEN | 10:30 AM | ON GOING |
| TRICKSTER OH HELL | WED. & FRI. | VIRTUAL | 10:30 AM | ON GOING |
| BOOK CLUB | WEDNESDAY | BOB SMITH | 11:00 AM | MARCH 25 & APRIL 29 |
| LUNCH (Sit in or take out) | WEDNESDAY | EGAN | 12 NOON | ON GOING |
| ZUMBA GOLD WITH SORAYA | WEDNESDAY | NURDEN | 12:30 PM | ONGOING |
| BINGO | WEDNESDAY | BOB SMITH | 1:00 PM | ON GOING |
| BEGINNER CONVERSATIONAL SPANISH | WEDNESDAY | NURDEN | 1:45 PM | ONGOING |
| HOMEMADE JAM & SONG | WEDNESDAY | PATTERSON | 1:30 PM | ON GOING |
| NORDIC POLE WALKING | THURSDAY | LOBBY | 9:00 AM | ON GOING |
| MEDITATION WITH ISIS | THURSDAY | BOB SMITH | 9:30 AM | ON GOING |
| TRICKSTER BID EUCHRE | THURSDAY | VIRTUAL | 10:30 AM | ON GOING |
| CHAIR YOGA WITH CLARE | THURSDAY | NURDEN | 10:45 AM | ON GOING |
| LUNCH (Sit-in Only) | THURSDAY | EGAN | 12:00 PM | ON GOING |
| EUCHRE | THURSDAY | PATTERSON | 1:00 PM | ON GOING |
| BEGINNER PICKLEBALL | THURSDAY | MPR 2/NURDEN | 1:00 PM | ON GOING |
| PAINTING CLASSES | THURSDAY | BOB SMITH | 1:30 PM | ON GOING |
| EXERCISES WITH SORAYA | FRIDAY | NURDEN/ZOOM | 9:30 AM | ON GOING |
| INTERNET SAFETY WORKSHOP | FRIDAY | EGAN | 10:00 AM | MARCH 20 |
| ACCOUNT RECOVERY WORKSHOP | FRIDAY | EGAN | 10:00 AM | MARCH 27 |
| TECH 1:1 – SESSION #1 | FRIDAY | EGAN | 10:00 AM | APR 10 TO MAY 29 |
| TECH 1:1 SESSION #2 | FRIDAY | EGAN | 11:15 | APR 10 TO MAY 29 |
| BEGINNER PICKLEBALL | FRIDAY | MPR 2/NURDEN | 1:00 PM | ON GOING |
| DARTS & POOL | FRIDAY | BOB SMITH | 1:00 PM | ON GOING |
| EUCHRE | FRIDAY | PATTERSON | 7:00 PM | ON GOING |
| SATURDAY NIGHT SOCIAL | SATURDAY | EGAN | 6:00 PM | ONGOING |