



CENTRE NEWS

C.S.C. WEBSITE: www.caledonseniors.ca

Office & Main Centre:

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MESSAGE FROM THE PRESIDENT

As we move into March and April, the arrival of spring reminds us of renewal, growth, and the importance of staying connected. These months bring longer days and new opportunities to participate in the many programs, activities, and special events planned for our members. Whether you are joining a fitness class, social gathering, educational session, or simply stopping by to visit with friends, your presence helps strengthen our Caledon Seniors community. I would like to extend sincere thanks to our volunteers, staff, and board members whose continued dedication makes everything we do possible. Your time, care, and commitment ensure that our centre remains a welcoming, vibrant place for everyone. I encourage all members to get involved, try something new, and share ideas with us as we continue to grow together. I look forward to seeing you over the coming weeks and wish everyone a safe, healthy, and enjoyable spring season.

Nora Martin, President

REPORT FROM THE FUNDRAISING COMMITTEE:

March:

Ever wanted to learn how to make fresh pasta? Join us for **Chef Night with Tina** on **Thursday, March 12th from 6:30 PM-8:30 PM** and discover the art of pasta making. After the demonstration, enjoy a delicious pasta bar with your favourite sauces and toppings made just the way you like it. The evening also features an antipasto bar and some Italian music.

It is the perfect recipe for a fun and flavourful night out.

Spring is here, and there is no better way to welcome the season than with a beautiful new sign for your front door. Bring your creativity and we will provide everything you need.

Join RaDeana on **Tuesday March 24th from 1:30 PM to 3:30 PM** for our Wooden Welcome Sign Craft and create something you will be proud to display all season long. \$30 and includes all your supplies and a snack.

Tickets are very limited for our Psychic Medium Night on **Friday, March 27th**.

Choose from two options: enjoy Dinner and the Medium from **5:00 PM to 7:00 PM** for **\$50** or attend the Medium only from **7:00 PM to 9:00 PM** for **\$35**.

Please note this is a group reading experience.

April:

Pack your bags and join us for a trip to Paris at our Night in Paris fundraising dinner and dance on **Friday, April 17th**.

Enjoy a delicious French inspired menu paired with wonderful music for an unforgettable evening. Tickets are **\$50**.

We could not run our centre the way we do without our incredible volunteers. Now it is their time to shine.

Join us on **Thursday, April 23** for our Volunteer Appreciation celebration. More details coming soon.

PROGRAMS

DAILY PROGRAMS: SCHEDULE ATTACHED

SPECIAL EVENTS AT ROTARY PLACE

- Mar. 5: Lunch & Learn – Mental Health – Cost \$7
- Mar. 11: Special Lunch – Shepherd's Pie – Cost \$11
- Mar. 12: Chef Night with Tina – Art of Pasta Making – Cost \$30
- Mar. 14: Euchre Tournament – Corned Beef & Cabbage – Cost \$20
- Mar. 17: Men's Lunch – Corned Beef & Cabbage – Cost \$11
- Mar. 20: Computer Workshop – Internet Safety – cost \$4
- Mar. 24: Craft Session – Make a Welcome Sign – Cost \$30
- Mar. 27: Computer Workshop – Account Recovery – Cost \$4
- Mar. 27: Psychic Medium with Dinner – Guinness Stew – Cost \$50
Medium only – Cost \$35
- Mar. 27: Monthly Dinner – Guinness Stew – Cost \$16
- Apr. 2: Lunch & Learn – Benefits of Walking Along the Trails – Cost \$7
- Apr. 3: **CENTRE CLOSED FOR GOOD FRIDAY**
- Apr. 11: Tax Clinic for Low Income Seniors
- Apr. 11: Bid Euchre Tournament – Beef on a Bun – Cost \$20
- Apr. 15: Special Lunch – Ham & Scallop Potatoes – Cost \$11
- Apr. 18: Earth Day / Eco Caledon Repair Café
- Apr. 21: Men's Lunch – Speaker TBA – Meatball Sub – Cost \$11

WELCOME OUR NEW ENGAGEMENT COORDINATOR!

We are pleased to share that the Caledon Seniors Centre has received grant funding to support a one-year Engagement Coordinator position.

Please join us in welcoming Sandra Ettore who will be focusing on strengthening connections within our Centre community. Her role will include reaching out to members, especially those we haven't seen in a while, to better understand how we can support participation and ensure everyone feels included and valued.

Over the coming months, you may receive a survey or a friendly call as we explore:

- What programs you enjoy most
- What might encourage you to participate more often
- New ideas that would enhance your experience at the Centre

We will also be developing a "Buddy Connection" initiative, including fun phone programs, weekly check-ins, and member-to-member support to help reduce isolation and strengthen friendships.

If you are interested in volunteering as a buddy, assisting with outreach calls, or sharing ideas, please speak with Sandra, by calling 905 951 6114 or emailing at engagement@caledonseniors.ca she would love to connect with you!

Together, we continue to build a welcoming community where everyone belongs.

SATELLITE LOCATIONS & CLASSIC CAFÉ:

Satellite Events are happening all across Caledon!! You can find us in Caledon East, Caledon Village, Southfields, Valleywood, Inglewood & Alton! Programs offered at Satellites include Exercise, Zumba, South Asian Socials, Games, Lunches & Classic Café! Please call 905-586-6114 or email satelliteprogram@caledonseniors.ca if you have questions! Check out the attached flyer!