



# CALEDON SENIORS CENTRE FOR THE 55 PLUS

LOCATIONS THROUGHOUT CALEDON

Building a Better Future for Seniors

Charitable Registration # 89221 6375 RR0002



## NEWS

### FUNDRAISING / GRANT NEWS

FUNDRAISING GOAL FOR FISCAL 2024/25 - \$98,000

RAISED TO July 25, 2024 - \$25,921,19

WE ARE CURRENTLY WORKING WITH 6 GRANTS FOR PHYSICAL  
AND STAFFING IMPROVEMENTS AT THE CENTRE

### IN-HOUSE GAMES – FUN! FUN! FUN!



### THERAPY ROOM NEWS!!



NOW OFFERING: RILEY NOBLE ACUPUNCTURE THERAPY  
WILDFLOWER REFLEXOLOGY  
FOOT TREATMENTS

FUTURE OFFERING: WILDFLOWER CUPPING & MASSAGE  
THERAPY

BOB SMITH ROOM: MEDITATION – THURSDAY’S @  
10:00 AM

CALL THE CENTRE FOR MORE INFORMATION 905-951-6114

### WALKING BADGES

Free walking badges available at the CSC Front Desk – required to  
take advantage of the indoor walking tracks at Caledon East  
Community Complex and Caledon Centre for Recreation & Wellness  
(Bolton)

### BOTTLE DRIVE

Save your beer, wine and alcohol empties and drop off by the old  
kitchen door at Rotary Place

**\$10,865.15** collected to date

Goal for fiscal 2024 / 2025 an additional \$3,000



### DON'T MISS OUT!!!

SEPTEMBER 9<sup>TH</sup> - 3<sup>RD</sup> ANNUAL JOHN ROGERS GOLF  
TOURNAMENT

OCTOBER 18<sup>TH</sup> – DOWN EAST DINNER & DANCE

Just Point your phone camera at the QR Code to see  
what's new at the Centre!



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