



CENTRE NEWS

C.S.C. WEBSITE: www.caledonseniors.ca



CALEDON SENIORS' CENTRE

Spring is the time for new beginnings, fresh starts. Everyone thinks that's reserved for New Year's, but no, not really. The days start getting longer and the weather warmer, not too hot, but mostly not too cold and certainly brighter. There is also the anticipation of seeing the first robin and hearing the song birds, the earth awakening with the spring flowers, buds and blossom on the trees and so much more.....Good bye winter ☺

COMMITTEE WORK- WE NEED YOU!

The Caledon Seniors centre is pleased to announce we have a nomination/recruiting committee that is responsible for encouraging members to participate with the planning involved with various committees and to identify people who are interested in joining our board of directors. One important committee is Program, where all the wonderful ideas for activities are generated and planned. We would love to have more people join this committee. So, if you are interested or know someone who is, please contact the office for more information. We will also be launching a recruiting week starting Feb 25th. Members from the nomination committee will be attending various programs during the week of Feb 25th to explain our need for more members on the program committee and to gather ideas from you on how we can increase participation on our program committee. Looking forward to meeting you!

DID YOU KNOW ABOUT 211

Quick Facts * 211 is built from the community up and powered by partnership * 211 can be accessed by phone by dialing 2-1-1 and by web, chat or text * 211 is free, confidential and available 24/7/365 in 150+ languages *211 Central serves communities in Toronto, Durham, Peel and York regions Ontarians can call 2-1-1 for:

- Health Services & Supports
- Newcomer & Settlement Services
- Food Bank & Meal Programs
- Seniors Services
- Parenting and Family Programs
- Housing Help
- Disability Support Programs & more

WELCOME NEW MEMBERS

Theresa Anderson; Jennine & Raymond Attard; David Bowyer; Eva Britton; Gail Bugden; Betty Burgoyne; Patricia Burness; Harry Currie; Andrée De Ciccio; Rosemary Faludi; Clover Fitzgerald; Larry Flint; Elizabeth Fryc; Mary Glinka; Judy Hilliard; Donna Irvine; Roger Learn; Carmela Manganiello; Bob McCombe; Elaine Mellow; Carman & Olive Piercey; Fiorella Plastina; Betty Regalado; Flo Rich; Nancy Rooney; Olga Sheridan; Margaret Sheir; Linda Simone; Beth Smith; Elizabeth Taylor.

UPCOMING SPECIAL EVENTS

February 25 – March 1 Volunteer Recruitment Week

March 1 – Monthly Dinner Beef Stew \$10

March 5 – Shrove Tuesday Pancake Lunch \$8

March 16 – Income Tax Clinic

March 23 – Euchre Tournament Soup & Sandwich Lunch \$12

March 28 – Lunch & Learn 'Chinese Medicine'

March 29 – Seniors Expo Hosted by David Tilson MP

March 29 – Monthly Dinner \$10 Stuffed Chicken Breast

April 5 – Greeting Card Workshop \$4

April 11 – Volunteer Appreciation Lunch

April 13 – Bid Euchre Tournament Soup & Sandwich Lunch \$12

April 19 - Good Friday Centre Closed

April 25 - Lunch & Learn

April 26 – Monthly Dinner \$10 Lasagna & Salad

April 29 – Annual General Meeting & Elections

TRIPS – SEE ATTACHED SHEET

VOLUNTEER APPRECIATION

National Volunteer Week April 7th – 13th

is a time to celebrate and thank Canada's 12.7 million volunteers. Volunteers are integral to our society.

However, there's much more to being a volunteer than giving back. ... Not only is volunteering important because it helps to better your community, it also helps to better you as an individual. Volunteering is a free way to feel good about yourself and can be very gratifying.

The Caledon Seniors' Centre thrives due to our great volunteers, without them the Centre would not exist. So, take time to thank all our wonderful volunteers and make sure they are appreciated for their kindness and compassion and for their dedicated work to the Centre and its membership.

