

PROGRAMS FROM THE CALEDON SENIORS' CENTRE

MAY & JUNE 2021

SCHEDULE

Time	Monday	Tuesday	Wednesday	Thursday	Friday
9:00 AM	Staying Strong Exercises <small>on Zoom/Live</small>	Chair Exercises <small>on Zoom/Live</small>	Staying Strong Exercises <small>on Zoom/Live</small>	Chair Exercises <small>on Zoom/Live</small>	Staying Strong Exercises <small>on Zoom/Live</small>
10:00 AM	Carpet Bowling <small>on Patio</small>	Free Exercises <small>with Soraya on Zoom/Live</small>	Trivia with Caledon East on Phone 1-1 Technology Tutorials	Free Exercises <small>with Soraya on Zoom/Live</small>	What happened in the year of... <small>on Phone</small>
11:00 AM	Carpet Bowling <small>on Patio</small>	Word Games <small>with Caledon Village on Phone</small>	Ladderball & Lawn Darts <small>on Patio</small>	Speaker Series <small>on Zoom</small>	Cardball <small>on Patio</small>
1:00 PM	Family Feud <small>on Phone</small>	Golf Mini Putt <small>on Patio</small>	Bingo <small>on Phone/Patio</small>	Name That Tune <small>on Patio/Zoom</small>	Bocce Ball <small>on Patio</small> Book Club <small>on Zoom</small>
2:00 PM	The Singers <small>on Zoom</small>	Punjabi Bingo <small>on Zoom</small> Nordic Pole Walking Club <small>Outside</small>	Bingo <small>on Phone</small>	Nordic Pole Walking Club <small>Outside</small>	Punjabi Bingo <small>on Zoom</small>

(Pending Regulation Changes)

To call into Phone Program

Dial:
289-401-2935 or
Toll-free 1-855-458-8547

Zoom Programs

To Join a Zoom Meeting click Join a meeting on the zoom app or website then enter the below information:
Meeting Id:
712 731 0172
No Password

Phone in for Audio Only

Call:
647-374-4685 or
647-558-0588
You will then be prompted to enter the Meeting ID#: 712 7310 172 then press #



Weekly Card Games on Trickster Cards program with other members of the Centre

Tuesdays - Euchre Mornings at 11:00 am - noon or Afternoons starting after 1:00 pm

Wednesdays - Oh Hell Mornings at 10:30 am to 11:30 am

Requirements - a computer, laptop, iPad or Tablet and internet service

Call Cheryl at 905-951-6114 to learn and join the fun!