

CALEDON SENIORS' CENTRE AT ROTARY PLACE
FALL PROGRAM SCHEDULE 2018

ACTIVITY	DAY	TIME	START DATE
EXERCISES (High Intensity)	MONDAY	9:00AM	On going
EXERCISES (Intermediate)	MONDAY	10:00 AM	On going
CARPET BOWLING	MONDAY	9:30 AM	On going
SEWING MORNING & GAMES	MONDAY	10:00 AM	On going
CHAIR EXERCISES	MONDAY	11:00 AM	On going
LUNCH SERVED	MONDAY	12 NOON	On going
WOODCARVING	MONDAY	1:00 PM	Sept 10 th
THE SINGERS	MONDAY	1:00 PM	Sept 10 th
BID EUCHRE	MONDAY	7:00 PM	On going
TAI CHI	TUESDAY	9:00 AM	On going
TABLE TENNIS	TUESDAY	8:30 AM	On going
TAP DANCING (Intermediate))	TUESDAY	10:45 AM	Oct 2 nd
LUNCH SERVED	TUESDAY	12 NOON	On going
BRIDGE	TUESDAY	1:00 PM	On going
EUCHRE	TUESDAY	1:00 PM	On going
BID EUCHRE	WEDNESDAY	9:30 AM	On going
EXERCISES (High Intensity)	WEDNESDAY	9:00 AM	On going
SEWING/CRAFTS GROUP	WEDNESDAY	9:00 AM	On going
WII GAMES	WEDNESDAY	10:00 AM	On going
EXERCISES (Intermediate)	WEDNESDAY	10:00 AM	On going
CHAIR EXERCISES	WEDNESDAY	11:00 AM	On going
LUNCH SERVED	WEDNESDAY	12 NOON	On going
ITALIAN CLUB	WEDNESDAY	1:00 PM	On going
BINGO	WEDNESDAY	1:00 PM	On going
SCRABBLE	WEDNESDAY	1:00 PM	On going
CONVERSATIONAL SPANISH LESSONS	WEDNESDAY	2:30 PM	Oct 17 th
NORDIC POLE WALKING	THURSDAY	9:00 AM	Call F.M.I.
CARPET BOWLING	THURSDAY	9:30 AM	On going
LUNCH	THURSDAY	12 NOON	On going
EUCHRE	THURSDAY	1:00 PM	On going
PAINTING CLASSES	THURSDAY	1:00 PM	Sept 13 th
POKER FOR FUN	THURSDAY	1:30 PM	On going
TABLE TENNIS	FRIDAY	8:30 AM	On going
COMPUTER INSTRUCTION	FRIDAY	9:00 & 10:05 AM	Call F.M.I
TABLET INSTRUCTION	FRIDAY	11:15 AM	Call F.M.I
EXERCISES	FRIDAY	11:30 AM	On going
ITALIAN CLUB	FRIDAY	1:00 PM	On going
BOOK CLUB	FRIDAY	1:00 PM	Sept 21 st & Oct 19 th
MONTHLY DINNER	FRIDAY	5:30 PM	Sept 28 th & Oct 26 th
EUCHRE	FRIDAY	7:00 PM	On going
DUPLICATE BRIDGE	FRIDAY	7:00 PM	On going