

Diabetes Education at the Caledon Specialist Clinic

Learn how to manage blood sugars with:

- Physical activity
- Lifestyle modification
- Monitoring blood sugar
- Healthy eating and meal planning



Diabetes education is delivered by Certified Diabetes Educators
- Registered Nurse and Registered Dietitian in English and
French

**Where: The Caledon Specialist Clinic
18 King Street, Unit L9, Bolton**

When: Every Tuesday

9:00 - 4:00

To make an appointment call 416 747-3400 ext 32558